

### CASE HISTORY

FULL NAME: \_\_\_\_\_ DATE: \_\_\_\_\_ CHART#: \_\_\_\_\_

#### **HISTORY OF PRESENT INJURY/ILLNESS**(the reason for your visit today)

Please list below the complaint(s) you have in the order of importance. Also , please list the length of time this (or these) complaint(s).

- 1. \_\_\_\_\_ How long? \_\_\_\_\_
- 2. \_\_\_\_\_ How long? \_\_\_\_\_
- 3. \_\_\_\_\_ How long? \_\_\_\_\_
- 4. \_\_\_\_\_ How long? \_\_\_\_\_

Is your condition(s) related to an accident?  Yes  No

Date of accident: \_\_\_\_\_ Type of accident:  Auto  Work Related  Other: \_\_\_\_\_

What word best describes your present condition(s)?  Dull Ache  Sharp/Stabbing  Burning/Tingling \_\_\_\_\_

Circle the number that matches your level of pain at its worst (0 = no pain, 10 = most severe)

0      1      2      3      4      5      6      7      8      9      10

When is your condition most severe? (am/pm) \_\_\_\_\_

When is your condition least severe? (am/pm) \_\_\_\_\_

What makes your condition feel worse? \_\_\_\_\_

What makes your condition feel better? \_\_\_\_\_

What activities are difficult because of your condition(s)? \_\_\_\_\_

Have you seen any other healthcare provider for your present condition?  Yes  No Who? \_\_\_\_\_

Current Medications \_\_\_\_\_

Who is your family physician? \_\_\_\_\_

Are you, or could you be pregnant?  Yes  No Date of last menstrual cycle? \_\_\_\_\_

Are you experiencing or do you have any of the following?

- A sore that won't heal
- Difficulty swallowing
- Persistent cough/hoarseness
- Wart or mole changes
- Lump/thickening anywhere
- Weight loss without trying
- Bladder/bowel problems
- Night pain
- None of the above**

#### **REVIEW OF SYSTEMS**

In addition to the symptom(s)/dysfunction(s) listed above, are you experiencing any of the following?

##### **NEUROMUSCULOSKELETAL SYSTEM**

- Anxiety
- Facial drooping
- Memory loss
- Sensory changes
- Atrophy
- Headache
- Mood swings
- Speech problems
- Concussion
- Joint deformity
- Muscle weakness
- Stiffness
- Depression
- Joint swelling
- Numbness
- Tremors
- Difficulty walking
- Lack of coordination
- Popping noises
- Twitches
- Dizziness
- Limited range of motion
- Psychiatric disorders
- Vision trouble
- Extremity deformity
- Loss of balance
- Seizures
- None of above**

##### **CARDIOVASCULAR SYSTEM**

- Ankle swelling
- Chest Pain
- Known vascular disease
- Previous stroke
- Blood clots
- Dizziness/Fainting
- Mitral valve prolapse
- Shortness of breath
- Carotid blockage
- High blood pressure
- Phlebitis
- Varicose veins
- Changes in skin color
- Jaw pain
- Pin stroke
- None of above**

#### **PAST HISTORY/FAMILY HISTORY**

List any surgeries you have had (including appendix, tonsils, wisdom teeth)

- 1. \_\_\_\_\_ Date \_\_\_\_\_ 3. \_\_\_\_\_ Date \_\_\_\_\_
- 2. \_\_\_\_\_ Date \_\_\_\_\_ 4. \_\_\_\_\_ Date \_\_\_\_\_

Have you ever been hospitalized for anything in addition to surgery (broken bones, etc.)?  Yes  No

If yes, what and when? \_\_\_\_\_

Have you or a family member ever been diagnosed with diabetes, heart trouble or cancer?  Yes  No

If yes, who and what? \_\_\_\_\_

Are you currently under a doctor's care for condition(s) other than the ones you are seeking here?  Yes  No

If yes, for what with whom? \_\_\_\_\_

**CONFIDENTIAL PATIENT INFORMATION**

FULL NAME: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Gender:  Male  Female  
 Parent's/Guardian Name: (if patient is a minor): \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_ SS#: \_\_\_\_\_  
 Marital Status: S M W D SEP Spouse Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
 Your Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_  
 Employer Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Spouse's Employer: \_\_\_\_\_ Spouse's Occupation: \_\_\_\_\_  
 Primary Insurance: \_\_\_\_\_ Secondary Insurance: \_\_\_\_\_

*(Please allow our staff to photocopy your current health insurance card(s) and your driver's license)*

**HEALTH HABITS**

**EXERCISE**

- None
- Moderate
- Daily
- Heavy

**WORK/SCHOOL ACTIVITY**

- Sitting
- Standing
- Light Labor
- Heavy Labor

**PERSONAL HABITS**

- Smoking
- Alcohol
- Coffee/Caffeine
- Vitamins

**HOBBIES / ACTIVITIES**

What are your favorite hobbies and activities? \_\_\_\_\_  
 How are your current problem(s) affecting these hobbies or activities? \_\_\_\_\_

**HOW DO YOU WANT TO HANDLES YOUR PROBLEM?**

- Temporary relief (help the symptoms but not fix the problem)
- Maximum correction (correct the cause of the problem for maximum stability in the future)

**REFERRED BY:** \_\_\_\_\_

**LEGAL ASSIGNMENT OF BENEFITS AND RELEASE OF MEDICAL AND PLAN DOCUMENTS**

In considering the amount of medical expenses to be incurred, I, the undersigned, have insurance and/or employee health care benefits coverage with the above captioned, and hereby assign at clinic's request, and convey directly to PHOENIX CHIROPRACTIC INJURY CLINIC all medical benefits and/or insurance reimbursement, if any, otherwise payable to me for services rendered from such doctor and clinic. I understand that I am financially responsible for all charges regardless of any applicable insurance or benefit payments. I hereby authorize the doctor to release all medical information necessary to process this claim. I hereby authorize any plan administrator or fiduciary, insurer and my attorney to release to such doctor and clinic any and all plan documents, insurance policy and/or settlement information upon written request from such doctor and clinic in order to claim such medical benefits, reimbursement or any applicable remedies. I hereby authorize the doctor to release any and all medical information to other healthcare providers involved in my care including but not limited to my primary care physician.

I authorize the use of this signature on all my insurance and/or employee health benefits claim submissions. I hereby convey to the above named doctor and clinic to the full extent permissible under the law and under the any applicable insurance policies and/or employee health care plan any claim, chose in action, or other right I may have to such insurance and/or employee health care benefits coverage under any applicable insurance policies and/or employee health care plan with respect to medical expenses incurred as a result of the medical services I received from the above named doctor and clinic and to the extent permissible under the law to claim such medical benefits, insurance reimbursement and any applicable remedies. Further, in response to any reasonable request for cooperation, I agree to cooperate with such doctor and clinic in any attempts by such doctor and clinic to pursue such claim, chose in action or right against my insurers and/or employee health care plan, including, if necessary, bring suit with such doctor and clinic against such insurers and/or employee health care plan in my name but at such doctor and clinic's expenses. This assignment will remain in effect until revoked by me in writing. I hereby waive the statute of limitations on collection and recovery in this State of Arizona. A photocopy of this assignment is to be considered as valid as the original. I have read and fully understand this agreement.

SIGNATURE OF INSURED/GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_